



Gymnastics Adventures with Coach Ilyce Afternoon Enrichment Junior Gan Israel 2022

Date	Theme	Motor Skill Focus	Equipment Highlights
6/27/22	Firefighters to the Rescue	Climbing/Walking Lunges	Noodles, Agility Ladder, Balance Beam
7/6/22	Zoo Day	Jumping Jacks	Animal Wands, Snakes
7/11/22	Beach Bash	Planking/twisting	Surfboards, Streamers
7/18/22	Crazy Transportation	Skipping/Galloping	Hoops, Dive Sticks, Tunnel
7/25/22	Circus Fun	Dynamic Balance	Juggling Scarves, Walking Stilts
8/1/22	3-2-1 Blast off	Jumping and Hopping	Parachute, "Stuffed" Rocket Ships