

Junior Gan Israel Day Camp Lunch Menu - 5778/2018 Second Session - July 16 – August 3



Monday	Tuesday	Wednesday	Thursday	Friday
7/16	7/17	7/18	7/19	7/20
Pizza Knishes Salad Fruit Milk Bread	Falafel in Pita Israeli Salad Pickles Hummus Fruit Milk	Baked Mac and Cheese Veggie Sticks Hummus Fruit Milk Bread	Fish Sandwich Chips Slaw Pickle Fruit Juice	Grilled Cheese Sliced Veggies Fruit Milk
Monday	Tuesday	Wednesday	Thursday	Friday
7/23	7/24	7/25	7/26	7/27
Hot Dog Curly Fries Pickles Fruit Juice Bun	Waffles Cheese Stick Cucumbers & Tomatoes Chips Fruit Milk Bread	Spaghetti in Meat Sauce Veggie Sticks Fruit Juice Bread	French Toast Cinnamon Apples Baby Carrots Fruit Milk	Cheese Quesadilla Chips Salsa Fruit Milk Bread
Monday	Tuesday	Wednesday	Thursday	Friday
7/30	7/31	8/1	8/2	8/3
Sweet & Sour Chicken Fried Rice Corn Fruit Juice Bread	Pizza Curly Fries Israeli Salad Fruit Milk	Pulled BBQ Beef Campfire Baked Beans Fruit Juice Kaiser Roll	Baked Ziti or Plain Ziti & Cheese Sticks Veggie Sticks Fruit Milk Bread	Tuna Sandwich Hash Browns Crunchy Slaw Fruit Juice

- All items are fleishig on meat days.
- All grains are whole wheat rich.
- Meals are subject to change.
- Meals conform to the USDA Summer Food Program Menu Guidelines.
- This institution is an equal opportunity provider.