



Sports Instruction with Coach Ilyce Expanding Horizons Junior Gan Israel 2019

Date	Sport	Motor Skill Focus	Discussion
6/27/19	Hockey	Striking, Pushing, Pulling	Good Sportsmanship
7/11/19	Soccer	Kicking, Trapping	Mighty Leg Muscles
7/18/19	Track and Field	Jumping, Sprinting, Bounding Forward	All About the Core
7/25/19	T-Ball	Throwing, Running Bases Hitting	Teamwork
8/1/19	Football	Step and Throw, Drop and Kick	Strong Backs