



Gymnastics Adventures with Coach Ilyce Afternoon Enrichment Junior Gan Israel 2019

Date	Theme	Motor Skill Focus	Equipment Highlights
6/24/19	Fun in the Sun	Planking/twisting	Surfboards, Streamers
7/1/19	Animals in Action	Jumping Jacks	Animal Wands, Tunnel
7/8/19	Circus Time	Balancing, Coordination	Noodles, Hula Hoops
7/15/19	Up, Up and Away	Skipping/Galloping	Scarves, Streamer Wands, Parachute
7/22/19	Imagination Station	Leaping	Walking Stilts
7/29/19	Into the Galaxy	Jumping and Hopping	Rings, Shakers