

## Junior Gan Israel Day Camp Lunch Menu - 5779/2019 First Session - June 24 – July 12



| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
| <b>6/24</b>   | <b>6/25</b>   | <b>6/26</b>   | <b>6/27</b>  | <b>6/28</b>  |
| Chicken Nuggets<br>Rice<br>Corn<br>Fruit<br>Juice<br>Bread                              | Pizza<br>Baby Carrots<br>Fruit<br>Milk  | Hamburger<br>French Fries<br>Pickles<br>Fruit<br>Juice<br>Bun | Baked Potato<br>Cheese<br>Vegetable Sticks<br>Fruit<br>Milk<br>Bread | Tuna or Cheese<br>Sliced Veggies<br>Fruit<br>Juice<br>Bread          |
| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
| <b>7/1</b>  | <b>7/2</b>  | <b>7/3</b>  | <b>7/4</b>   | <b>7/5</b>   |
| Pasta<br>Meat Sauce<br>Fruit<br>Juice<br>Bread  | Baked Mac and Cheese<br>Sliced Cucumbers<br>Fruit<br>Milk<br>Bread            | Schnitzel<br>Rice<br>Fruit<br>Juice<br>Bun                    | NO CAMP  | Tuna or Cheese<br>Sliced Veggies<br>Fruit<br>Juice<br>Bread          |
| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
| <b>7/8</b>  | <b>7/9</b>  | <b>7/10</b>   | <b>7/11</b>  | <b>7/12</b>  |
| Sweet and Sour Chicken<br>Fried Rice<br>Crispy Cabbage Salad<br>Fruit<br>Juice<br>Bread | Cheese Berekas<br>Sliced Cucumber & Tomato<br>Chips<br>Fruit<br>Milk<br>Bread | Hot Dog<br>French Fries<br>Fruit<br>Juice<br>Bun              | Baked Zitti<br>Vegetable Sticks<br>Fruit<br>Milk<br>Bread            | Tuna Sandwich<br>Sliced Cucumber & Tomato<br>Chips<br>Fruit<br>Juice |

- All items are fleishig on meat days.
- All grains are whole wheat rich.
- Meals are subject to change.
- Meals conform to the USDA Summer Food Program Menu Guidelines.
- This institution is an equal opportunity provider.