



Gymnastics Adventures with Coach Ilyce Expanding Horizons Afternoon Enrichment Junior Gan Israel 2025

Date	Theme	Motor Skill Focus	Equipment Highlights
6/23/25	Beach Party	Spatial Awareness	"Surf" Boards Streamers Limbo Stick
6/30/25	Colors all around	Dynamic Balance	Hula Hoops Rainbow Balance Beam Rainbow Tamborines
7/7/25	Day at the Circus	Gymnastics Jumps	Juggling Scarves Balance Ropes Glitter Wands
7/14/25	3-2-1 Blast Off	Static Balance	Balance Domes "Stuffed" Rocket-ships Parachute
7/21/25	Firefighters to the Rescue	Agility	Small Rings Pool Noodle Agility Ladder
7/28/25	Lions and Tigers and Bears	Lunging Bear Crawling	Noodle "Binoculars" Animal Pick-Up