



Gymnastics Adventures with Coach Ilyce Expanding Horizons Afternoon Enrichment Junior Gan Israel 2024

Date	Theme	Motor Skill Focus	Equipment Highlights
6/24/24	Our Colorful World	Galloping and Skipping	Rainbow Bells Hula Hoops Rainbow Balance Beam
7/1/24	Jumping in July	Agility	Frogs Dice Hurdles
7/8/24	Circus Performers	Dynamic Balance Bending	Juggling Scarves Balance Ropes Glitter Wands
7/15/24	Around the Campfire	Spatial Awareness Stretching	Pool Noodles Marshmallow Soft Balls Parachute
7/22/24	Ocean Fun	Static Balance	"Surf" Boards Streamers Limbo Stick
7/29/24	Jungle Fever	Lunging Bear Crawling	Animal Faces Alligator Steps Animal Pick-Up