



Sports Instruction with Coach Ilyce Expanding Horizons Junior Gan Israel 2024

Date	Sport	Motor Skill Focus	Discussion
6/27/24	Soccer	Kicking Trapping	Good Sportsmanship
7/3/24 (Wednesday)	T-ball	Running Bases Throwing Hitting	Teamwork
7/11/24	Football	Step and Throw Drop and Kick	Offense and Defense
7/18/24	Field Hockey	Striking Pushing and Pulling	Muscle Mania
7/25/24	Basketball	Dribbling Aiming Jumping	Eight is Great-Hydrate
8/1/24	Summer Olympics	Long Jumping Sprinting Bounding Forward	Rest To Be My Best